



Thursday, 31 March 2022

Dear Parents / Carers

On Tuesday 29 March, the Government set out the [next steps for living with COVID-19](#) in England from Friday 1 April. For most people from tomorrow, free COVID-19 tests will no longer be available (they will continue to be available for specific groups, including eligible patients and NHS staff).

Although formal testing will end, Covid-19 is still prevalent in our local areas and the following guidance is recommended:

- Adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature. If staff or visitors are unwell with a temperature, they should not be on site.
- Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend.
- Adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days after the positive test.
- For children and adults with symptoms of diarrhoea and vomiting, please stay home for 48 hours after the last episode (as per ongoing public health advice).

It is important that we continue to work together to help minimise the spread of the virus (and other infectious diseases). We do have vulnerable staff and pupils in our academies and we need to do all we can to keep everyone safe. If your child is absent, please let us know which symptoms they have and when the symptoms started. We will be monitoring overall absence levels and if we suspect an outbreak of Covid or other infectious disease we will contact public health and inform you.

Thank you for your continued support as we move into the next phase of the pandemic response.

Yours sincerely

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